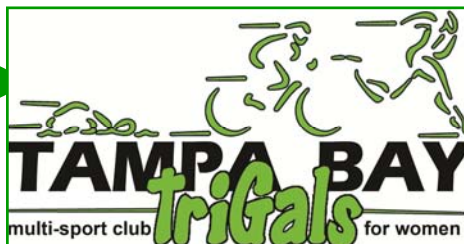


Membership Application



Highlights of Club Membership

- Positive support in training and racing from other women
- Participation in monthly socials and educational clinics
- Technical t-shirt with the TriGals logo
- Exceptional events and clinics throughout the year
- A chance to meet new training partners in your community
- Gear discounts with business partners
- Group attendance at local and distance races

Be a part of a great athletic club for women of all abilities and ages. Annual dues of \$50 are accessed every January — dues are prorated quarterly based on your membership join date.

Please read the waiver below, sign and mail application and check made out to Tampa Bay TriGals to:
TriGal Treasurer c/o Stacie Marlin // 12120 Clear Harbor Drive // Tampa, FL 33626

PLEASE READ CAREFULLY BEFORE AGREEING TO ACKNOWLEDGEMENT, WAIVER AND RELEASE FROM LIABILITY (AWRL)

I acknowledge that a triathlon or multi-sport event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN ALL TRIATHLON CLUB FUNCTIONS. I certify that I am physically fit, have sufficiently trained for participation in this event(s) and have not been advised otherwise by a qualified medical person. I acknowledge that my statements on this AWRL are being accepted by the USA Triathlon Chartered Club and are being relied on by USA Triathlon and the Club organizers and administrators in permitting me to participate in any organized Club function. In consideration for allowing me to become a Club member in a USA Triathlon Chartered Club and allowing me to participate in organized Club functions I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns: a) I AGREE to abide by the Competitive Rules adopted by USA Triathlon, including the Medical Control Rules, as they may be amended from time to time, and I acknowledge that my Club membership may be revoked or suspended for violation of the Competitive Rules; b) I WAIVE, RELEASE, AND DISCHARGE from any and all claims or liabilities for death, personal injury, property damage, theft or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from an organized Club function, THE FOLLOWING PERSONS OR ENTITIES; USA Triathlon chartered Clubs, Club sponsors, volunteers, all states, cities, counties or localities in which Club functions or segments of Club functions are held, and the officers, directors, employees, representatives and agents of any of the above; c) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and d) I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions during an organized Club function. I understand that all TriGals dues are non-refundable regardless of circumstance. I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT, AND I UNDERSTAND ITS CONTENTS.

Name

Email Address

Address

T-shirt Size: S M L XL

Birth date

Phone

Signature

Date